

new glenans sail manual pdf

The points of sail at which sailing craft can achieve highest speeds span between a beam reach (90° to the true wind) and a broad reach (about 135° away from the true wind). Normal cruising boats yachts can sail at about 45° off the apparent wind (50° to 60° off the true wind). High performance racing yachts at about 27° (35° off the true wind). ...

High-performance sailing - Wikipedia

Velocity made good, or VMG, is a term used in sailing, especially in yacht racing, indicating the speed of a sailboat towards (or from) the direction of the wind. The concept is useful because a sailboat cannot sail directly upwind, and thus often can not, or should not, sail directly to a mark to reach it as quickly as possible.

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